

This nutritional information is good for any Portland Pizzicato Location.

The nutrition facts for our pizza correspond to a single slice from one of our small, medium, or large whole pies.

The nutrition facts for our salads correspond to our 'small' and include the dressing.

Menu Item	Total Calories	Protein (g)	Fat (g)	Sodium (mg)	Carb (g)	Fiber (g)
<b>Salads (per sm salad)</b>						
Arugula Pear	350	5	31	90	13	3
Caesar	260	6	21	460	12	3
Chinese Chop	310	6	22	500	21	6
Insalata Mista	290	4	28	100	8	3
Spinaci	300	3	28	250	9	3
Verde	220	1	20	55	9	2
Greek	440	4	39	730	18	3
<b>Pizzas (per slice)</b>						
<i>Traditional</i>						
Traditional Cheese	217	11	8	579	25	1
Pepperoni	250	10	12	714	25	1
Sausage Combo	266	12	13	738	26	2
Canadian Bacon & Pine	224	10	8	681	28	1
Salsiccia Roma	241	11	10	607	27	2
Molto Carne	285	13	14	915	27	2
<i>Vegetarian</i>						
Very Veggie	227	8	9	646	29	3
Genovese	306	11	16	663	30	2
Pomodoro (no cheese)	197	3	6	502	33	4
Margherita	212	7	9	512	26	1
Puttanesca	280	11	13	753	30	3
Wild Mushroom	288	12	12	643	33	2
Quattro Formaggi	317	15	15	624	30	1
<i>Meat/Chicken/Shrimp</i>						
Pepperoni Supreme	269	12	13	798	26	2
Di Pollo	323	22	13	685	30	1
Squisita	318	13	18	722	26	3
Bianca	319	14	16	648	29	2
Al Greco	328	16	18	762	28	2
BBQ Chicken	266	16	10	683	28	2
Thai Chicken	253	13	10	660	28	2
Thai Shrimp	352	16	15	874	38	2
Gamberetto	391	20	18	921	38	3
Quattro Formaggi S&M	346	16	18	692	30	2